

CYBSL DETAILED RE-OPENING PLAN

Phase II

After careful thought and planning, and in conjunction with CDC, State, and local guidelines to protect players, families, and our community we plan to resume our regular season under the following conditions. We request all parents to be familiar with these requirements and to discuss them with your children/participants. The health and safety of our athletes, staff, and volunteers remain our highest priority. This will best work with the mutual compliance of all concerned.

Phase II Operations (Practice Phase)

Practice (only) will begin the week of June 8, 2020 and last until the State moves to phase III (Game phase) reopening conditions (currently anticipated to be early July). We will utilize:

1. **Stable groups** of 15 maximum: The term “stable groups” means the same individuals, including children, staff, and any adult leaders, remain in the same group over the course of the entire program.
 - a. Our teams are natural stable groups and are in compliance, numbers-wise.
 - b. During this phase we will not scrimmage or play against any other teams.
 - i. “Mini Baseball” scrimmage play (i.e. three teams of 4) within the same team will be permitted
 - ii. All coaches will be instructed on the particulars thereof
2. **Physical distancing:** Physical distancing of six feet is encouraged, but not required within each team while playing or practicing. When not engaged in active play, team members will be spaced with a minimum of six feet between each person.
 - a. Upon arrival, players will place their equipment bags and belongings along the inside of the fencing and not within the dugouts to allow for physical distancing.
 - b. For shade from the sun or wet weather, coaches will have the option of utilizing both dugouts and splitting the team in equal groups
 - c. Coaches will utilize the required physical distancing when addressing the team and/or individual players and will maintain the required distance between players for group discussions. See also section 6 re: Face Coverings.
 - i. Team meetings will take place on the field and NOT in dugouts.
 - d. Each players bag and personal equipment (including head coverings and water bottles) shall be labeled with their names to avoid unintentional needless close contact/mixing of players in search of their gear. Sharpies work well here.
 - e. No shared snacks (including chewing gum), drinks, team coolers will be permitted. Parents should pack snacks and drinks for their child keeping in mind that summer ball requires more hydration.
 - i. NO SUNFLOWER OR OTHER TYPE SEEDS OR SNACKS THAT ENTAIL SPITTING ARE PERMITTED
 - f. Parents should consider avoiding or limiting car pooling unless the same groups have routinely been grouped in other settings.

- g. Unnecessary physical contact such as handshakes, high fives, fist/chest bumping, hugs and celebratory gatherings are discouraged.
- 3. **Parents or spectators:** Limited to stable groups of 15 (Spectator Groups) and are required to maintain a minimum of 14 feet from the players (other than to tend to their own child) and any other Spectator Groups.
 - a. Parents are permitted to approach their own child using appropriate etiquette and timing for legitimate reasons, i.e. extra drinks.
 - b. Reminder that physical distancing (or the utilization of face coverings) among non-household members is still required for spectator groups
- 4. **Screening:** Parents will screen their children prior to arrival for any signs of general or COVID-19 illness. Team managers will do so at the field as well. Players who have been exposed to a person with COVID-19 must be excluded from the activity in accordance with CDC and RI Department of Health guidelines.
 - a. Common symptoms of COVID-19 include dry cough, shortness or difficulty breathing, fever or chills, loss of taste or smell and can also include body aches, sore throat, headache, nausea or vomiting, diarrhea, runny or stuffy nose and fatigue.
 - b. Parents know their children best and should always exercise discretion in sending them to activities when ill.
 - i. Players who are at high risk because of pre-existing conditions should consult with their physicians about sports play.
 - c. A designated coach will also screen the players for the more obvious signs of COVID-19 (cough, shortness or difficulty breathing, fever or chills, loss of taste or smell) and will remain alert for any other signs of illness.
 - d. Be sure that you have filled out the usual medical information and contact form that will be sent to you by your child's manager.
- 5. **Equipment and Facilities:**
 - a. Each player is required to have his own helmet, glove and bat and any other personal equipment desired (batting gloves, sweat bands etc.) to limit the sharing of equipment.
 - i. Under no circumstances should gloves, hats, or helmets be shared.
 - ii. The sharing of bats should be avoided but if done, the bat must be cleansed before and after use.
 - iii. Should a player need a bat, advise your manager as the league intends to have a limited number of bats available for lending.
 - b. It is strongly encouraged that each player has his own hand sanitizer. The league is attempting to secure a sufficient supply for placement at the fields but will rely on parents to be sure their player's equipment bag includes hand sanitizer.
 - c. The coach will sanitize metal dugout benches and dugout entrance gates/poles, typically touched by players, before and after the start of play.
 - d. Only coaches are permitted to rake the field and will sanitize the rakes or other grooming equipment before and after use.

- e. Medical or surgical type protective hand coverings are not permitted.
 - i. Please remind your child of proper hand hygiene and to avoid touching their face with un-sanitized hands.
 - ii. PLAYERS (ESPECIALLY PITCHERS) ARE NOT TO LICK THEIR FINGERS (GO TO THE MOUTH) AT ANY TIME WHETHER ON OR OFF THE MOUND.
 - iii. Spitting is to be avoided to the greatest extent possible.
- 6. **Face coverings:** Not required for players. Conditional use for coaches/staff.
 - a. Coaches and staff are required to wear a face covering when unable to keep six feet of physical distance easily, continuously, and measurably from others. While engaged in play or practice, the players do not need to wear a face covering.
 - i. When not engaged in active play, we prefer that the players utilize physical distancing as opposed to face coverings. Our experience tells us that most players' personal equipment gets dirty and dusty and the same is likely to occur with face coverings.
- 7. **Restrooms and Concessions:** Will be closed during this phase.
 - a. Porta-potties will NOT be utilized during this phase.
 - i. Practices typically do not extend beyond two hours
 - ii. Please keep this in mind before your child leaves home.
- 8. **Miscellaneous:**
 - a. Anyone diagnosed with COVID-19, either by laboratory test or through symptom assessment by a healthcare provider, must self-isolate under RI law. Those in isolation must stay at home and in isolation until:
 - i. Such person has been symptom free including no fever (without the use of fever-reducing medication) for at least 72 hours AND
 - ii. At least 10 days have passed since the symptoms first appeared.
 - b. We are also requiring that if any member of a player's household is so diagnosed, that player may not participate in team activities for the isolation period noted above.

Michael J. Colucci

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